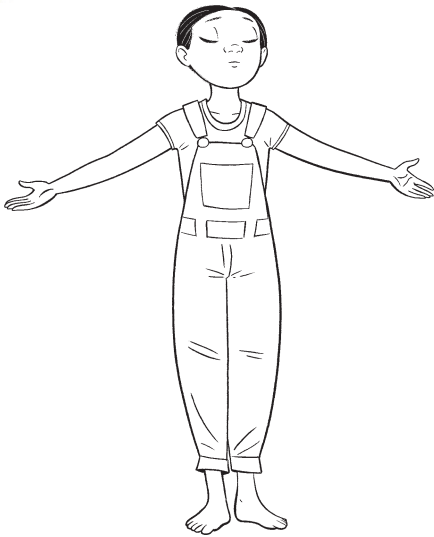


HOW DO I FEEL?

What is the emotion that I am feeling?



Colour in where you feel
the emotion in your body.

Why do I think I feel this way?

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How is this emotion trying
to help me?

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.....

Draw the emotion you are feeling.